

24 hours to **GLOW!**

Holiday a distant memory? That beachy radiance doesn't have to be, says **Grace Timothy**



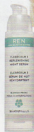
TIRED EYES

Dark circles can strike at any age, and are due to a combination of dehydration, hyperpigmentation and inflammation, as well as genetics. **Even Better Eyes Dark Circle Corrector** £28 clinique.co.uk instantly covers the shadow, but also lightens the skin with brightening vitamin C, and protects against irritation with green tea extract.



DULL SKIN

After a summer of air-con, dry winds and a plane journey or two, your skin has probably lost some its lustre. So slough away dead cells with **Amazing Face Natural Lift And Sculpt Luxury Cleansing System** £42 emmahardie.com and exfoliate congested areas. Finish with **VitalSkin Anti-Fatigue Dynamizing Serum** £49 Darphin.com.



BLEMISHES

A face-full of sunblock, sweat and make-up can lead to blocked pores. Cleanse with **Purity Facial Cleansing Gel & Eye Makeup Remover** £17.50 Philosophy.com, then apply **Peeling Groovy Facial Serum** £48 Bliss.com to gently exfoliate. To calm redness, **ClearCalm 3 Replenishing Night Serum** £22 Ren.com will tackle spots overnight without stripping your skin.



PALE SKIN

Remember that radiant skin you couldn't wait to show off in your bikini? Us neither. Luckily, the new-season wardrobe covers most of our pasty bits, but there's nothing like a hint of sun on arms, face and décolletage. Try a gradual tanner like **Sol Mate Self Tan Soufflé** £22 [Temple Spa](http://TempleSpa.com), which has hydrating cocoa butter and anti-inflammatory thyme.

Photograph: Chris Cooper. Still life: Paul Bowden. 'Available in September' glamourmagazine.co.uk/magazine/becky

For an instant holiday high... Bobbi Brown's new A/W12 Nail Polish in Turquoise £10 bobbibrown.co.uk is like having the Caribbean sea at your fingertips!