

How to A-LIST your hair

Want to set those flashbulbs popping? Just colour and cut, Hollywood style. Two celebrity hairdressers show you how.

By Grace Timothy

COLOUR



What's the secret to A-list colour? One name: Tracy Cunningham. The Redken creative colour consultant's client list is literally the who's who of L.A. stars: Jennifer Lopez, Jessica Biel,

Charlize Theron, Gwyneth Paltrow, Emma Stone... How does she get them all looking so flawless? "A-list hair is all about shine, and adapting a trend to suit you," says Tracey.

How often should I colour?

- RED** every four weeks.
- BLONDE** every four to six weeks.
- BRUNETTE** every six weeks.
- OMBRE** every two to three months.



Shine on

"My favourite kind of A-list hair is luxurious, but with an edge: that's the LA way. Redken Chromatics" is what you should be asking for – it's ammonia-free and has a protein-rich oil delivery for a really shiny finish. Then it's up to you – you need to learn to take care of your hair. Invest in a good moisture shampoo, conditioner and treatment by a salon brand like Pureology."



From left Jennifer Lopez, Cameron Diaz and Jessica Biel all rock gorgeous, glossy hair



From left: Gwyneth Paltrow, Charlize Theron and Emily Blunt like subtle, fresh colour

From a natural look...

"If you are afraid of making a big change, choose really fine highlights with a gloss over the top. That's what I do for Jennifer Lopez and Emily Blunt. I also get asked for the blonde I do for Gwyneth Paltrow and Charlize Theron a lot – very clean and fresh."



DREW BARRYMORE
LILY ALDRIDGE
LILY COLLINS

...to fashion colours

"I love red hair, but it's a huge commitment. You need to come in every four weeks to keep it up. Ombre – a low-maintenance colour – is another very popular style, and you can do your own spin on it. For Lily Aldridge, I did it in a natural, beachy way, whereas for Drew Barrymore, I gave it a rock'n'roll edge, then lightened it up for summer."

Colour + shine = A-list perfection

Dyeing your hair no longer comes with a "wave goodbye to shine" clause. Brand-new salon service Illumina Color by Wella Professionals** actually injects a luminous, glossy finish. High shine, high impact.



GRACE KELLY
ELIZABETH TAYLOR
VERONICA LAKE

If it ain't broke, don't dye it...

"Elizabeth Taylor, Veronica Lake, Grace Kelly... now that's A-list hair. They never wavered from the colour that suited them best. And if you're not changing it every five seconds, it looks so healthy. So when I saw Cameron Diaz for the Oscars, we just focused on the condition."

4 HOT COLOUR SAVERS



Perfect 4 Platinum Shampoo
£13.85 Pureology



Color Extend Brilliant 5D
Multi-Benefit Treatment
Spray £36.40 Redken



Sheer Blonde Colour
Renew Tone Correcting
Mousses £5.99 John Frieda



Colour Radiance Express
Treatment Conditioner
£3.99 Dove Hair Therapy ▶