



GRACE
TIMOTHY

ACTING BEAUTY WRITER



4 RULES FOR SMALLER PORES

Pore size is genetic so you can't shrink them, but I'm obsessed with making mine look as small as possible.

- To avoid blockages, I cleanse twice a day with **Special Cleansing Gel** £23 Dermalogica, which contains quillaia saponaria to remove impurities.

- Pore-clearing salicylic acid is too harsh on my dry skin, so I exfoliate twice a week with **Cell Renew Dermabrasion Peel** £10.72 Dr Nick Lowe [2] and have an extraction facial every couple of months.

- To disguise pesky little potholes I massage **Pore Purifying Effector** £32 Suququ [3] into my nose and cheeks each night, then rinse and apply **Royal Ming Firming And Hydrating Cream** £72 WEI [1]. It contains white lotus and chestnut to increase elasticity, plump lines and smooth pores.

- Finally, I use **Pore Minimizer Instant Perfector** £13 Clinique.co.uk to 'Polyfill' any problem areas, and stick to mineral or light liquid foundations to avoid that 'clogged' look.

HOW TO HAVE HEALTHY- LOOKING NAILS

I use these to keep mine in check...

Phenomen Oil £12.55 Jessica – softens the skin effortlessly. **Set The Scene Kit** £4.99

Ms Manicure [4] – includes a stick to gently push back cuticles. **Nail Envy Maintenance**

£18.25 OPI [5] – keeps nails strong and stops peeling. **Nail Strengthener Cream** £16

Barielle.co.uk – I slather it on to nourish.



WAKE UP TIRED SKIN – FAST!

I have a long commute to work, so have mastered a quick routine for waking up tired skin: shimmer and shade. Warm up cheeks with **Signature Silky Powder Blush in Peach Nuance** £23 Estelauder.co.uk [6], then apply a little **Strobe Cream** £21 Maccosmetics.co.uk along the cheekbone, jawline and brow. ▶

