

# YOUR Bristol

# BEAUTY ZONE

Whether you want an eyebrow shape in Cabot Circus or a spa break at Babington House, we've found the hottest beauty spots in Bristol and the West Country

GLAMOUR  BRISTOL

11 miles away

## Beauty Time

*The Old Village, Post Office  
Main Rd, Cleve, Bristol  
BS49 4PW 01275 464 999;*

*Beautytimemariamason.co.uk*

Looking for a feistier flutter? Call on Suzy Harris, an award-winning beauty therapist specialising in individual semi-permanent Lash Perfect extensions. This salon goes that extra mile for its clients, from cleaning your jewellery while you enjoy a Jessica manicure to ordering lunch from the local farm shop, with free drinks and cupcakes.



178 miles away

## Budock Vean Natural Health Spa

*Mawnan Smith, Nr Falmouth,*

*Cornwall TR11 5LG 01326 250 288; Budockvean.co.uk*

A favourite of nature lovers, this spa sits among acres of managed gardens and parkland, and harnesses the powers of its plants and flowers. Using Spiezia Organics, a 100% skincare range handmade on Gear Farm up the road, their treatment menu revolves around your health and wellbeing.



## Shavata Lash Lounge

*House of Fraser, Cabot Circus, Bristol  
BS1 3BB 0117 944 5566; Shavata.co.uk*

What's the quickest way to get a lift in your lunch break? A brow-threading appointment at Shavata's brow bar. A shaped brow adds definition and can make all the difference to your face, so in just 15 minutes of artful cotton-depilation you can transform your look without a stitch of make-up. Ask for nimble-fingered Aysha Asad.

0.3 miles away



## C-Side Spa at Cowley Manor

*Cowley near Cheltenham, Gloucestershire*

*GL53 9NL 01242 870 900; Cowleymanor.com*

Recently renovated, the C-Side Spa at Cowley Manor is so geared towards your relaxation that even the roof is carpeted with lavender. Enjoy the Green & Spring Facial and then laze by one of the pools – outside if it's warm, inside if it's not.

43 miles away



55 miles away

## Barnsley House Garden Spa

*Barnsley, Cirencester GL7 5EE*

*01285 740 000; Barnsleyhouse.com*

For a taste of the English countryside you can enjoy while horizontal, The Garden Spa Signature Treatment at Barnsley House Garden Spa reflects the tranquil grounds and 'brings the outside in' with garden-themed Aromatherapy Associates essential oils. The spa has the feel of a home-away-from-home – cosy, comforting but impeccably chic.

**OFFER**  
This month if you have any Green & Spring treatment at C-Side you'll receive a free Green & Spring summer set, worth £24

BROADMEAD

Merchant St.

Union St.

20 miles away

## Babington House

*Babington near Frome, Somerset BA11 3RW  
01373 812 266; Babingtonhouse.co.uk*

This is the spot-a-celebrity spa, with Billie Piper and Daisy Lowe using it as a retreat from the world. Split into Cowshed Active, for exercising, and Cowshed Relax, for pampering, this spa combines dry and wet treatments with soaking tubs outside. You have to go for a head-to-toe indulgence-fest for the real Babington experience, starting with a gorgeous Cowshed Facial.



By Grace Timothy. Illustration by Anne Smith. Still lifes: PSC Photography. \*Please mention offer at time of booking and present this page at the spa or salon on arrival. Unless otherwise stated, offers are subject to availability and certain restrictions and are valid until Sunday September 12, 2010

12 miles away

## Headmasters

*30-32 Westgate St, Bath BA1 1EL  
01225 447 028; Hmhair.co.uk*

For an on-trend blow-dry in Bath, book in to Headmasters. Its Blowdry Collection menu has all the top catwalk looks of the season translated into wearable styles. The team work on the London Fashion For Relief shows and so have endless celeb gossip!



**G TIP**  
Ask for Trish at Headmasters if you fancy an up-do (our favourite is the Alice Band Braid) or Lucy for the ultimate blow-out

69 miles away

## Vintage Belle Beauty

*01202 463 706;*

*Vintagebelle-beauty.co.uk*

Lisa Young is an experienced beauty therapist – on wheels! If you're in the Bournemouth area and you can't make it into town, call on Vintage Belle Beauty for a manicure in the comfort of your own home. With a wide range of OPI nail colours, Lisa uses paraffin, masks and massage to perfect your hands, and she takes her time – "I don't book back-to-back appointments as I believe a good treatment takes time – you should feel pampered, not rushed." ►

