

# Get set to ROLL

What's huge on the catwalk this season? HAIR! So prepare for a big blow-out, because the bouffant is back

**T**his season's hottest hairstyles are anything but low-key. High, bouncy and bold, the new hair motto is definitely 'the bigger the better'. Volume is, after all, the Holy Grail of haircare – it's the secret behind the legendary 'Rachel' cut, Cindy Crawford's impossibly bouncy blow-out and Brigitte Bardot's unsurpassable bouffant. We all want thick, healthy-looking locks. So it's time to get brave and work that body with GLAMOUR's guide to big, beautiful hair...

## THE PREP

"Prepping the hair properly is key to all big hairdos," says Kerry Warn, celebrity hairdresser and John Frieda's international creative consultant. "No matter what hair type you have, there are techniques with which you can maximise your natural volume and achieve even the loftiest shapes."

**START WITH A BLOW-DRY** Rough-dry hair, then spritz volumising spray on to the roots. "You want lift only at the root," explains Kerry. "If you spray it all over, it will make the ends sticky." Start drying with a vent brush to 'aëreate' the roots, then take a large, round brush to blow out the ends, section by section. Direct the heat and brush away from the face to maximise root lift and smooth out the lengths.

**REACH FOR THE ROLLERS** Velcro rollers are easy to put in and take out, so you don't need to be a pro to get it right. Start with three rollers on top, rolling the hair back from the face. Then place two on each side and four at the back with the hair rolled under. To ensure they stay put, "Use a tail comb to make sure you get the ends of the hair tucked into the roller, and secure with large clips," says Kerry. Leave to set for 30-40 minutes.

**DO YOUR THING** The time it takes for the volume to take hold provides the perfect opportunity to get ready. To protect your 'do, Kerry suggests covering hair with a net. "It's useful if you're trying on clothes." ►

Photographs by **Robert Erdmann** Creative Director **Charlotte-Anne Fidler**



# TEASED PONY

A retro pony with body and a glossy wave is a great way to wear your hair up this season – for day and night. It has all the girlishness of a pony, with the added charm of some serious lift through the root. “This is a softer, quite feminine look,” says Kerry. “It’s still about volume, but it’s more romantic. There’s a bit of Julie Christie about it.” The key is volume at the sides and the crown: “That’s classic ‘60s,” he explains.

Prep the hair as before and brush through. Use your fingers to pull out sexy little tendrils to frame

the cheeks and forehead. “I wanted the front to be a little flat,” Kerry adds. “It makes it a little younger.” Then start teasing the crown to create some height. Gather the lengths at the nape of your neck which, Kerry promises, will add softness to big hair. “Ponytails can go a few ways: cute or sporty. But a low one like this with big hair is very sexy.” Finish with a mist of hairspray. “It locks the volume in – and all your hard work,” says Kerry.

## The **big hair** tool kit

Supersize your style with these essentials



**CSFL Large Pure Natural Bristle Brush** £27.50 [Kentbrushes.com](http://Kentbrushes.com)

**Essentials Large Vented Rollers** £4.50 [Boots.com](http://Boots.com)

**Essentials Doughnut Ring** £4.50 [Boots.com](http://Boots.com)

**Tail Comb 111** £9.20 [YS Park](http://YS Park)

**Frizz-Ease Moisture Barrier Firm-Hold Hair Spray** £4.49 [John Frieda](http://John Frieda)

**Glamour Waves** £25 [Babyliss](http://Babyliss)

**Bed Head Superstar Queen For A Day Thickening Spray** £11.30 [Tigi](http://Tigi)





# THE SUPER BUN

This is a great style for the day after you've been teasing, as your hair is mid-come-down. With a smooth crown, the volume sits in the bun at the back, for the ultimate diva 'do. "It's very Maria Callas-meets-J.Lo," says Kerry. "I call it 'extreme texture' – super-smooth on top, then a raw-textured chignon."

Slick hair back into a high pony and secure with a covered band. Kerry's top tip for pony-tying? "Have the covered band on your wrist so that you can slip it onto the hair without losing

any tautness." Spray a little hairspray onto your hands and smooth over the hair for extra shine and hold. Tease the lengths in sections, following the GLAMOUR teasing guide, below. Then place a hair doughnut under the ponytail to create a shape for your bun. "Think of the doughnut as an extension of your teasing; it creates a *lot* of body with minimum effort," says Kerry. Wrap hair over the doughnut and pin underneath. Use a paddle brush to gently smooth over and finish with hairspray.

## The **big** tease

GLAMOUR's guide to expert teasing

\*Think about where you want the volume to be and start at that point on the head.

\*Take a two-inch-wide section of hair and hold it firmly at right angles to the head. "The tension is very important," Kerry stresses. "So is the angle. If you're doing it correctly, it should hurt a bit."

\*Draw a tail comb down from the middle of the length to the roots three times. If you've done it right, the backcombed hair should feel 'spongy'.

\*Repeat on the section of hair next to the backcombed section. And continue around the crown until you've teased the whole lot.

\*Mist lightly with hairspray then smooth over lightly with a gentle brush. Kerry prefers a Mason Pearson brush for this step as, "Its soft bristles don't tangle like a round brush."

\*Step back and look at the shape you've created. "If it needs a bit of bouffing or flattening down, adjust it with a tail comb."

\*Always tease the roots, never the ends, as Kerry advises: "That creates knots and split ends, whereas if backcombing is done correctly you won't damage the hair." ©

Styled by: Charlotte-Anne Fidler  
Hair: Kerry Warn for John Frieda at the Milton Agency  
Make-up: Mary Greenwell at Premier  
Manicurist: Julie Luong at Caren  
For where to buy see **Stockists**, page 303







## BIG & SEXY

It's wild but groomed, and voluptuous with curls – a look Kerry loves. "It's basically a bed-head look with shine, bounce and volume. This is full-on sexy hair; it's much sexier than straight, limp hair. It's rich-girl hair!" Think glossy waves with a spring in their step, reminiscent of *Gossip Girl*'s Park Avenue princesses. Follow the big-hair prep steps and then tong in some serious waves.

### The **dos** and **don'ts** of great curling

**Do** start curling halfway down each section of hair. "If you start at the end or at the root, the curl is confined to the end of the hair," says Kerry. "Simply roll the end of the hair onto the tong for an even wave."

**Don't** overload the hair with styling products. "If you've used product before tonging, the hair will go stiff and crispy," says Kerry. Remember, always limit volumising spray to the root!

**Do** tong all the curls in the same direction.

**Don't** brush the hair after tonging. This will loosen the curls and flatten them out. ►