

# The pros behind all these celebrities

**gave this GLAMOUR staffer A-list hair, teeth, make-up and clothes**

**But could she *really* look like a star?**

**W**hen the A-list hit the red carpet or appear on the cover of GLAMOUR, do you ever see flat hair? A shiny nose? Hell no. That's because all celebrities have an entourage of experts to ensure that never happens. But with this kind of star treatment, can anyone look as fabulous on the pages of a magazine? Personally, I don't want to appear in a family photo album, let alone in Britain's bestselling women's magazine, so it would take some kind of miracle to get me in front of the camera. And that's exactly what we asked our team of skilled professionals to perform. ►

By **Grace Timothy**



Hairstylist George Northwood says, "For this Gala event in New York last October, I cut Alexa's hair into a strong shape, then chopped it up to achieve this 'undone-cool' look."

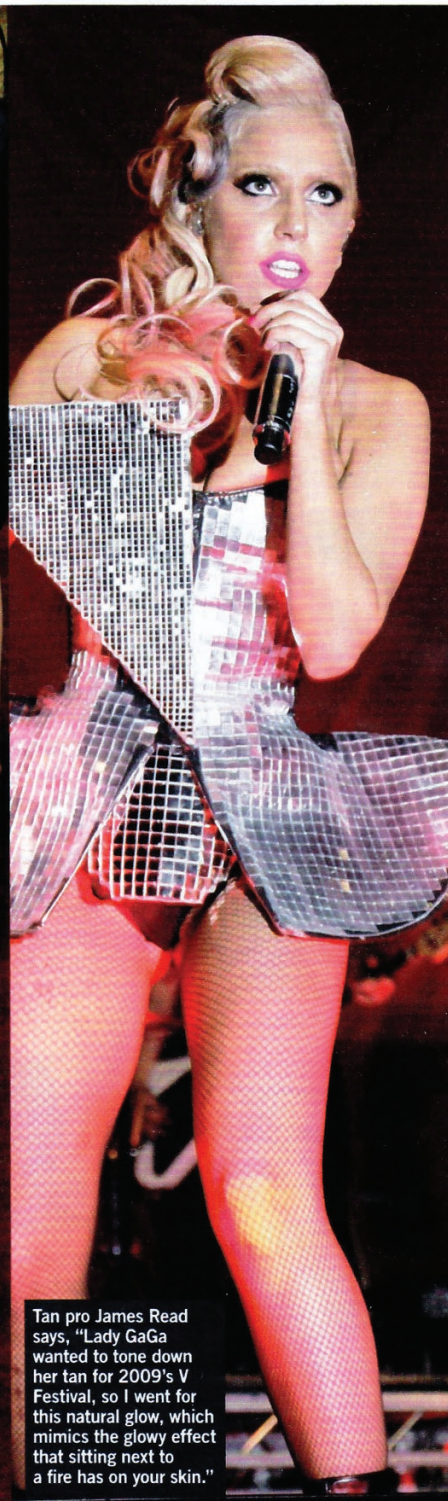




Make-up artist Lee Pycroft says, "For the *Easy Virtue* premiere in London in 2008, I wanted a look that reflected rock'n'roll and this fuchsia lip colour gave Jessica a slightly tougher edge."

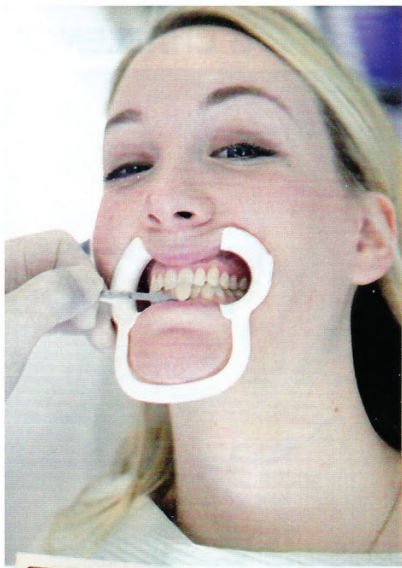


Stylist Cheryl Konteh says, "Kate and I chose this dress for the 2002 Oscars because we loved the colour and simplicity. I also thought that the roses – on our English rose – were very apt."



Tan pro James Read says, "Lady GaGa wanted to tone down her tan for 2009's V Festival, so I went for this natural glow, which mimics the glowy effect that sitting next to a fire has on your skin."





## The celebrity dentist

If anyone can make my smile cover-worthy, it's Cheryl Cole's dentist, **Dr Wyman Chan**. We debate how white I should go. "Most celebrities go a shade whiter than yours – very natural. I wouldn't recommend the brightest, they'll be whiter than Simon Cowell's teeth." That's me told!

**Dr Chan's top tip** Cut out tobacco, coffee and red wine for at least 12 hours after your treatment.

**Cost** £724

**Contact** [Smilestudiolondon.co.uk](http://Smilestudiolondon.co.uk)



## The brow guru

**Arezoo Kaviani** has worked her magic on Gwyneth Paltrow and Reese Witherspoon.

"Brows are so important. OK, so it's not Botox, but it can take years off you when done correctly."

**Arezoo's top tip** Even if you can only afford one treatment, get your brows professionally shaped once then DIY forever more. But don't overpluck – thin brows can be very ageing.

**Cost** £35

**Contact** [Arezoo.co.uk](http://Arezoo.co.uk)



## The superstar stylist

**Cheryl Konteh** has dressed Kate Winslet and Angelina Jolie. "We'd normally have longer than two hours!"

she tells me. "When I styled Kate Winslet for the Oscars we had six weeks for fittings!" One look at me and she selects a long, black DSquared2 gown and a tiny Prada number paired with gorgeous Gucci heels.

**Cheryl's top tip** Get the underwear to suit your look. You could be head to toe in the most fabulous outfit, but if you have the wrong underwear, you can forget it.

**Cost of outfit** £3,925

**Contact** [Cherylkonteh.com](http://Cherylkonteh.com)







## The hair guy

**George Northwood** at Daniel Hersheson is the super

stylist responsible for Alexa Chung's edgy locks – and he doesn't take any prisoners! George says that I need a complete overhaul in order to look cover-star fabulous, and by that he's talking highlights, a fringe, extensions and a deep-conditioning treatment. "I'm thinking Britney

Spears and Jessica Simpson, but more modern," he says. He glues some temporary hair wefts to my own hair then uses a pair of tongs to make it look a lot more natural. "It's got A-list written all over it!" he announces, very pleased with the results.

**George's top tip** Don't over style, overtong or overload your hair with too many products, and only use extensions in moderation to enhance your look.

**Cost** £540

**Contact** Danielhersheson.co.uk



## The in-demand facialist

**Sarah Chapman**, facialist to stars like Naomi Watts, often

does treatments for celebs before make-up is applied at shoots. "It helps get the skin plumped up," she says. I went for her Skinesis facial.

**Sarah's top tip** If your facialist uses enough steam and massage before extraction, you shouldn't get a breakout afterwards.

**Cost** £150

**Contact** Sarahchapman.net



## The tan genius

St Tropez pro **James Read** makes Lady GaGa and

Lindsay Lohan glow. "I'm giving you a Li-Lo shade – perfect for fair skin. I'll also sculpt your cheekbones," he tells me. The effect is instant, I love it!

**James's top tip** Go for a 'Winter Glow' – a warm build up of layers.

**Cost** £55

**Contact** Agua at The Sanderson Hotel; 020 7300 1414



## The nail expert

**Trish Lomax**, who tidies the talons of Kylie and Cheryl,

paints my nails with OPI's Here Today...Aragon Tomorrow, a dark green to complement the Prada dress.

**Trish's top tip** Take an omega-3 supplement to strengthen your nails. Models take it so their nails don't break when they're constantly having varnish applied and removed on shoots.

**Cost** £400

**Contact** Trishlomax.com



## The make-up maestro

**Lee Pycroft** is a make-up legend, whose clients include Jessica Biel

and Diane Kruger. She starts with Chanel Pro Lumiere Foundation, to even out blemishes. Next, she preps with Diorshow Backstage Makeup Mascara and then attaches the Fafallina lashes I had fitted at Selfridges' Shu Uemura Tokyo Lash Bar. White liner on my lower lids makes my eyes wider and a matte pink lip makes my teeth sparkle.



**Lee's top tip**

Build up colour gradually. Use a small brush to follow the contours of your face to highlight and add colour.

**Cost** £2,500

**Contact** My-management.co.uk

**TURN THE PAGE TO SEE THE RESULTS! ►**



## G CHALLENGE



### The A-list photographer

**Alex Sarginson** has shot countless celebrities like Heidi Klum and

Natalie Imbruglia. I'm feeling so nervous. Plus I'm in the very studio Cheryl Cole was photographed for the cover of this issue. Alex immediately tells me to stop swinging my left arm out like I'm hailing a cab. Great. But within minutes of him shouting "beautiful" and "gorgeous" at me, my ego responds and I'm posing like a pro!

**Alex's top tips** Angling your arms will minimise bingo wings, popping a hip will make your legs look sleeker, raising your shoulders will lengthen your torso and throwing your head back will make your neck look longer.



Grace has this celebrity malarkey nailed. That's next month's cover girl sorted...

### The verdict

Seeing the shots for the first time is quite a shock! The dress has given me a waist, my teeth are Hollywood-sign white and my lashes are definitely worth batting. As much as I love the look, there is no way I could put this kind of effort (or money – the total cost was £8,329!) in every day. But as I wash off the last remnants of my cover-girl self, I do start to miss her a bit. ©



Photographs: Chloë Paul, Sudhir Pillwa, Alex Sarginson, Wireimage.com, PA Photos, XposurePhotos.com, Eyevine. Mindress by Prada; shoes by Gucci; black dress by DSquared2