

Words: Grace Timothy

Hair

Face

Body

Make-up

Must have

Indulgence

Perfect Gift

Busy mum

Your body's changed following childbirth and child rearing, and a full night's sleep is a thing of the past. Your pamper time is seriously limited. You need fuss-free, fast-acting yet relaxing products.



Bumble & Bumble Creme de Coco Shampoo and Conditioner, £16.00 each, Space NK, 01273 776774.

Molton Brown Night Reprieve Restoring Lift £32.00, Molton Brown Emporium, 0870 2243940

Works on your skin while you sleep.



This Works Stretch Mark Oil, £32, mail order 0845 230 0499.



Biotherm Light foundation, £18, Boots, 01273 207461

Perfect for evening out your skin tone.



Eve Lom Crème Universalle, £25, Space NK.

One products that will treat your entire body: face, elbows, hands, legs...



Origins Sleep Time Gel, £14.50, Origins, 01273 773 420

For a good rest after a day with the kids.



Burt's Bees Queen Bee gift pack, £30, Velvet, 01273 326007.

City Slicker

You're a young professional with a fine disposable income. You like to look good for work and play, and can afford to spend a little time looking after your body. As well as products that will beautify you for a night out, you also need things to help you unwind after work.



Age Recharge hair masque, Kerastase, £22, Saks, 01273 202088.



Aromessence Neroli Facial Oil, Decleor, £36, Tranquility Spa at the De Vere Grand, 01273 224341.



Nars Body Glow, £43, Space NK.



Nars Velvet Matte Lip Pencil, £16.50, Space NK.



Dr Brandt lineless eye cream, £46, Space NK.



Diptyque candle, £29.50, Space NK.



Bobbi Brown Eyes and Lips gift kit, £34, Debenhams, 0844 5616161

Eco Warrior

You're environmentally aware and look for products that are organic, free from harmful ingredients and good for both body and soul.



Jojoba and Marshmallow Conditioner, £14, Dr Hauschka, The Dolphin House Shop, 01273 721720.

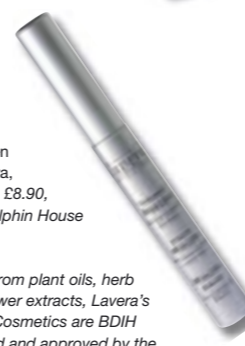


Skincare Café Organic Lemongrass Purifying Face Mask, £10.99, www.asos.com.

Skincare Café Organic Orange and Vanilla Body Conditioning Lotion, £16.99, www.asos.com.



This range of entirely organic products are ideal for those who want to reduce the chemical and toxic load they are exposed to on a daily basis.



Volumen mascara, Lavera, £8.90, The Dolphin House Shop

Made from plant oils, herb and flower extracts, Lavera's Trend Cosmetics are BDIH certified and approved by the



Think Happy Organic surge fresh body scrub, £5.99, Boots.

This organic range uses pure plant extracts and essential oils.



REN Frankincense and Boswellia Serrata repair cream, £25, Space NK.



Naked bath gift set, £7, Boots.

Student

While your social life is buzzing, your budget is somewhat limited. You need things to spruce up your look for nights on the town without dipping into your beer money.



John Frieda's colour enhancing shampoos, for red, brunette and blonde hair, £4.49, Boots.



Balancing Facial Range from £3, Marks and Spencer, 01273 328081

No matter how hammered you are at 3am, always cleanse and moisturize!



Skin Wisdom Silky Touch Body Lotion, £2.97, Tesco.



Barry M Dazzle Dust Eye Makeup, £4.50 each, Superdrug, 01273 739 562.

Boots 17 Oil Control Pressed Powder, £3.29, Boots.

Perfect for touching up your makeup in a sweaty club.



Stila Lip Glaze, £15, Space NK.



Ginger to Glow, £20, Origins.

For silky smooth, glowing skin throughout the party season.

Man's man

These select products will suit the needs of nearly everyone. It's not just about shaving foam and aftershave these days...



L'Oreal Sensi Balance shampoo, £7.50, Saks.

Leaves sensitive scalps soothed, moisturised and de-stressed, and hair soft and shiny.



Biotherm High Recharge lotion, £27, Boots.



Burt's Bees Hand Salve, £8, Velvet.

Few men take good enough care of their hands - make people want to hold them.



L'Oreal A-Head Glue, £8.95, Saks.

Ok, so it's not makeup but this firm hold gel does allow you to sculpt your hair into whatever style you wish.



Skinn Total Shave, £32, Harvey Nichols, 020 7235 5000.

A cream and cleanser in one from Australian dermatologists. www.skinn.com.au



Space NK Eau de Toilette, £50, Space NK.



Lab Series Perfect Shave Set, £35, Debenhams.

For your brother, uncle or your partner, Lab Series' travel set comes in a slick case.